

VARNUM PUBLIC SCHOOL NOVEMBER 2018

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Breakfast – Cereal, Cinnamon Toast, Sausage Link, Fruit, Juice, Milk Lunch - Steak fingers, Mashed Potatoes, Green Beans, Whole Grain Roll, Dices Peaches, Mixed Fruit, Milk	Breakfast –Scrambled Eggs, Whole Grain Toast, Bacon, Fruit, Juice, Milk Lunch - Mini Corndogs, Scalloped Potatoes, Broccoli w/Cheese, Mini Carrots, Apricots or Pears, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Chicken Fajita, Lettuce & Cheese, Chili Beans, Mini Carrots, Fried Rice, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast –French Toast Sticks w/Syrup, Sausage Links, Fruit, Juice, Milk Lunch - Goulash, Romaine Salad, Whole Grain Roll, Corn, Tropical Fruit, Trail Mix, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch -Pulled Pork Sandwich, Tater Tots, Mini Carrots, Pickle Spears, Apple or Orange, Cookie, Milk
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast – Cereal, Whole Grain Toast, Sausage Link, Fruit, Juice, Milk Lunch - Spaghetti w/Meat Sauce, Romaine Salad, Broccoli, Whole Grain Garlic Bread, Pineapple Tidbits, Mix Fruit, Milk	Breakfast – Muffin, Yogurt, Juice, Milk Lunch – Turkey & Dressing, Mashed Potatoes, Green Beans, Whole Grain Roll, Chocolate or Coconut Pie, Mix Fruit, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Burrito, Corn, Romaine Salad, Mini Carrots, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast –Cheese Toast, Bacon, Fruit, Juice, Milk Lunch - Fish, Cole Slaw, Black-eyed Peas, Cornbread, Mandarin Oranges, Diced Pears, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch –Ham & Cheese Sandwich, Chips, Mini Carrots, Pickle Spears, Baked Beans, Apple or Orange, Cookie, Milk
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
<h1>Thanksgiving</h1>		<h1>Break</h1>	<h1>No</h1>	<h1>School</h1>
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Breakfast – Cereal, Whole Grain Toast, Sausage Link, Fruit, Juice, Milk Lunch - Chicken Pot Pie, Potato Patty, Mini Carrots, Broccoli, Mandarin Oranges, Mix Fruit,	Breakfast –Pancakes W/Syrup, Bacon, Fruit, Juice, Milk Lunch - Meatballs W/ Brown Gravy, Mashed Potatoes, Whole Grain Roll, Green Peas, Diced Peaches, Pears, Milk	Breakfast – Biscuits w/Gravy, Sausage Links, Fruit, Milk, Juice Lunch – Nacho w/Meat, Refried Beans, Fried Rice, Mini Carrots, Salsa, Rosy Applesauce, Raisins, Milk	Breakfast –Breakfast Pizza, Fruit, Juice, Milk Lunch - Pig in a Blanket, Romaine Salad, Corn, Apple Crisp, Pineapple Tidbits, Milk	Breakfast –Long John, Yogurt, Fruit, Milk, Juice Lunch – Grilled Chicken Sandwich, Lettuce & Pickle, French Fries, Mini Carrots, Apple or Orange, Cookie, Milk

This menu subject to change The United States Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by USDA. (Not all prohibited bases will apply to all programs and /or employment activities.)

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